



The Branch

March 2019

News for Family and Friends at Bethany

Welcome New Employees!

The Pines
Lora Tankersley
Erin Behm

Food & Beverage
Autumn Achterberg
Caden Kortesmaki
Andrew Wozniak
Terry Schneider
Alissa Tolle

CNA
Elizabeth Larsen
McKenzie
Gunderson
Kristin Olson

BENEFIT CONCERT

APRIL 6 AT THE GEROLD OPERA HOUSE
136 E MAIN STREET, WEYAUWEGA

MoJoe AND FLIPSIDE

6-7 Cocktail Hour w/Complimentary Light Buffet | 7-10 Performance & Dance

\$25 ADVANCE TICKETS \$30 AFTER APRIL 3

available at: WEGAARTS.ORG | THE BOOKCELLAR and BETHANY HOME in Waupaca
General Seating | Reservations for Tables of 8

* GREAT RAFFLE PRIZES! *

BETHANY BENEFITING
The Best Care. Always.
CRYSTAL RIVER WALKING TRAIL

SPONSORED BY

Valentine's Day Carnival

This year we celebrated Valentine's Day with a big carnival. The carnival was enjoyed by staff, residents and volunteers as well as family of some of the staff and residents. There were treats to eat which included—Rice Krispie treats dipped in chocolate and covered with sprinkles, frosted brownies, chocolate covered strawberries, and a trail mix with Valetine's colored candies in it. There was also fruit punch juice to wash the treats down. The carnival



as well as little trinkets and small stuffed animals. There was also a handmade picture frame paired with fun sunglasses shaped like hearts to wear in the photos. We are extremely grateful as always for all of the hard work our employees as well as our volunteers put into making the Valetine's Day Carnival a huge hit with not only our residents that chose to attend, but the family members that did also. We couldn't have had such a huge success without all of the effort from our employees as well as the wonderful volunteers we are blessed with!



was so big that we utilized our back dining room, Main Street, the bar, the library, and game room! Every game at the carnival was handmade by our employees. There wasn't a single game we didn't see enjoyed by everyone! Candy or tickets were handed out for participating in the games. The tickets were redeemable at a prize table that had an assortment of additional Valen-

Birthdays

- 3/2-Mariys Hurst
- 3/5-Beverly Rhodes
- 3/8-Magdalen Trantow
- 3/9-John Clement
- 3/12-Kathrine Gabbert
- 3/13-Agnes Thompson
- 3/14-Lila Pohl
- 3/14-Sheila Boon
- 3/16-Belle Farrell
- 3/25-Eileen Christensen
- 3/25-Leland Kabat
- 3/29-Harriet Hansen
- 3/31-Robert Hoepfner

Thank you to our February donors!
Arlin Barden, Betty Plotter, Judy Hauger, & Cheryl Kerneen. Also Thrivent Financial Members- Jeanne E Christensen, Carl J Dybus, Susan L Hein, Edna M Heschke, Dennis J Horton, & Kathleen S Horton.



The Branch

March 2019

January Volunteer Totals

Total Hours
232.75

Active Volunteers
24

Most Active
Thomas Schwalenberg
38.5 hours

Volunteer Needs for March

Fridays
BINGO at 2pm

26th
Shopping with SNF/
CBRF

29th
Casino outing with
the RCAC

Daily
Social Hour 2pm in
the SNF

A Message From Our Volunteer Coordinator...

A couple of weeks ago I was visiting my elderly grandmother with my husband and 3 year old son at her home. We spent a majority of the day with her and did some projects around her home. As I watched my grandma I saw her smile brighten and the blue come out in her eyes. I realized that although she was happy to see me, she was even happier to see my son. I saw the grandma that I grew up with. She had more energy, her laugh was more prevalent and for the first time in a long time, she was happy. It got me thinking that this is true for a lot of our residents at Bethany. There seems to be a whole new person when children are around. So, why is that? Why do children make such a difference in our elderly population? I found an article that talks about why children are beneficial to the health of our elderly and the importance of their frequent visits as well as the importance of visiting with elderly with children.

The article outlined 5 points:

1. Improves mental and physical health
2. Decreased loneliness
3. Provides the gift of purpose and honor
4. Helps to understand the dignity of every life
5. It helps to develop comfort and confidence in young people while interacting with adults.

I noticed with my grandmother that while were only with her a short time, the visit with her this day was different then when I go by myself. She was almost like a kid again. The grandma I remember from growing up. As a mother I think of all the things that could possibly go wrong, if I take my son somewhere with the elderly, the "what ifs" but I really have never thought of the positive impact it will bring until I looked at the five points. As I looked back on this day, it reminded me of the times that the children visited our residents at Bethany. Everyone is a grandma and grandpa, and our residents are eager to learn about the little one. We also see this with our younger staff members. The residents are eager to know about their life and love to give advice. The residents enjoy all the outings that surround the youth and will talk about it for days. The same goes for volunteering. A simple visit, a smile and some advice from our elderly can go a long way. And, who can honestly resist a child's laugh?

Bethany is always looking for ways that we can get our youth more involved with our residents. If you have any suggestions or ideas, please let me know. Volunteering is not just your time, it can also be bringing a new idea to the table that will benefit our residents.



Casey's contact information:
715-942-1441 / caseyb@bethany-home.com

Are you available?

Chapel Services-Sundays 9:30 until 11:30

Sunday afternoon- Come play cards, a game or socialize with our residents from 1:30-3:00pm

Thrift Store- Do you enjoy selling items, going through items, or helping others look for items? We are looking for people to help out with our Thrift Store. Tuesdays 1:30-3:30pm

Performers or Speakers- Looking for individuals to come on Monday afternoons to talk about something they are passionate about, have knowledge of, or to show off a talent.

Join us!
St. Patrick's Day meal & music
Irish Beer Cheese Soup,
Corned Beef and Cabbage or Shepherd's Pie,
Fresh Bread & Andes Mint Chocolate Pie

Family Night
March 14th 4:30 - 6pm

\$8 in advance Location:
\$10 at the door Fireside Grill

RSVP at the front desk Music by:
or call 715-258-5521 Judy & Melissa
of the New London
Shamrock Club

Check out what's
going on in March
at Bethany!



We're on
Instagram



@BethanyOfWaupaca

Follow us and tag us!

Memory Café
2nd Thursday - 11:00 a.m.
The Springs - Wellness Kitchen



Memory Care Support Group
1st Thursday - 1:30 p.m.
The Springs - Studio C

Caregiver Support Group
2nd Wednesday - 1:30 p.m.
The Springs - Studio C



BETHANY
of waupaca inc.
1229 Berlin St. Waupaca, WI 54981

Upcoming Events

Mardi Gras
Celebration
3/5

Cargiver Support
Group
3/13

Memory Café
3/14

St. Patrick's Day
Family Night
3/14

Trinity Lutheran
Church Student
Activities
3/17

St. Patrick's Day
Celebration
3/18

Campus Wide
Birthday Party
3/27

Memory Care
Support Group
3/28

BETHANY
The Best Care. Always.

For more events check out www.bethanyofwaupaca.com/calendar
Also subscribe to "The Branch" newsletter on our website!