



Menu

Irish Nachos

Waffle Fries topped with
Shredded Corn Beef,
Sauerkraut,
Cheese Sauce,
Swiss Cheese and Diced Pickles
Drizzled with
Thousand Island Dressing

Desert: Mint Brownie Sundae

Do you want to voice what you
would like to see on the menu?

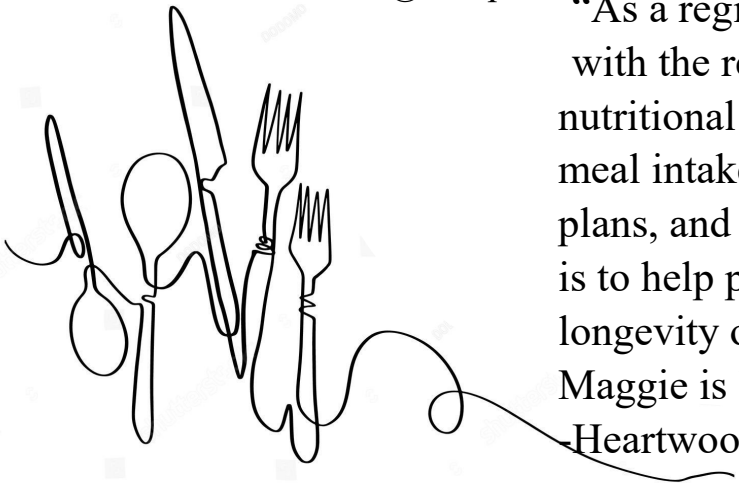
Meet with Food and Beverage
RCAC-

1st Tuesday of Every Month
1pm in Activity Room
This Month-March 4th 1pm

CBRF/SNF-

1st Thursday of Every Month in
Fireside

This Month:
CBRF/SNF-March 6th @1:30pm



Dine-In's

Each month we are providing an opportunity for our residents to experience something different. Kitchen staff will either make a special meal or they will provide an opportunity to order from somewhere in the community with a limited menu. Each entity will alternate which provides more opportunity for others and to eat in the community or try something new. There are 25 slots for each event which activity staff will go around and ask who may be interested. We are keeping track so that all residents have an opportunity to participate. If an entity does not fill all the slots, we will then move on to the next entity until the 25 slots are taken

This month's Dine-In will be held on
Thursday, March 13th at 11am



Bethany has hired a new Dietician that will be on campus more. Her name is Maggie Stremkowski. Each month she will provide us some tips and tricks to a better diet. Here is what she has to say this month: "As a registered dietitian in a long term care, I work with the residents to ensure we are meeting their nutritional needs which includes monitoring weights, meal intakes completing nutrition assessments and care plans, and working with the healthcare team. My goal is to help promote the overall health, comfort and longevity of our residents." Maggie is located down the hall that leads to the CBRF Heartwood.



Marlys Hurst (SNF)	March 2nd
Judy Bolles (CBRF)	March 3rd
Joyce Ponto (RCAC)	March 4th
Ervin Volkman (SNF)	March 8th
Marianne Heimermann (SNF)	March 10th
Katie Gabbert (SNF)	March 12th
Dale Peters (SNF)	March 12th
Keith Stoeger (SNF)	March 13th
Belle Farrell (SNF)	March 16th
Larry Rupert (SNF)	March 17th
Joan Bretwisch (RCAC)	March 20th
Rozella Buss (RCAC)	March 26th
Elizabeth Rolph (SNF)	March 26th
Russ Bouck (RCAC)	March 27th

Historical Events in March: The Telephone

In March 1876, Alexander Graham Bell made history by making the first successful telephone call. His words, "Mr. Watson, come here, I want to see you," marked the beginning of a communication revolution. The telephone connected people across distances, transforming how we share ideas, emotions, and everyday conversations.

Horoscope

Pisces (Feb 19-Mar 20)

Pisces are friendly and selfless. They are always willing to help others.

Aries (Mar 21-Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

The Eiffel Tower Debut

The Eiffel Tower was officially completed in March 1889, becoming an iconic symbol of Paris and innovation.



Regular Events

Sunday's

Catholic Communion 9:40am
Chapel-10:30am
Coffee Hour to Follow

Monday's

Movies-2:00pm
Social-3:00pm

Tuesday's

Bible Study-10:00am
Bingo-2:00pm
Social-3:00pm

Wednesday's

Chapel-10:30am
Campuswide Event-2:00pm
Happy Hour-3:00pm

Thursday's

Campuswide Event-2:00pm
Ice Cream Social-3:00pm

Friday's

Thrift Store-10:00am-12:00pm
Bingo-2:00pm
Happy Hour-3:00pm



March 2nd

1pm

Chapel

Wednesday March 5th

Ash Wednesday –Ashes after
10:30a Service
Catholic Ashes at 3:00pm

Friday March 4th-

Chain Exploration Center
3rd & 4th graders
9:30am-10:15

National Day of Prayer
11am-Chapel

Thursday March 13th-

11:00-Dine In

March 17th

3:00-St. Patrick's Day Happy Hour

March 19th

2:00-Music with Pearl Street

March 26th

Birthday Party 2pm
Wild Irish Gerry



Monday, March 10th at 2pm

What are you voting on?

Superintendent of Public Instruction

Jill Underly

Brittney Kinser

Adrianne Melby (Write-in)

Wisconsin Supreme Court

Suan Crawford

Brad Schimel

Court of Appeals District 4

Jennifer Nashold

Waupaca Alderperson District 5

Collin Dykstra

School District of Waupaca-3 seats

Bob Adams

Nicolas Genske

Steve Klismet

Tom Link

Betty Manion

Lori J. Verhalen

**Spring's Community**

Fox Cities

Restaurant Week

March 4th

Sign up with Erin

***Must be a Springs Member**

Chair Yoga @ 1pm Daily in the Wellness Center

Bethany

NEWSLETTER

From the Desk of:



Director of Life Enrichment

Well let's March right into it. (Haha, did you see what I did there?!?). February was a month of reminiscing. We started in the 50's and made it to the 80's. We were able to reminisce through the decades through music, trivia, movies and laughs. Some of our residents and staff provided Valentine's Day Advice which you will be able to see in this issue.

During the month of March we will be having many Shenanigans with some Shamrocks in there as well. Watch out for some extra fun throughout the weeks. With the weather warming up, we will start planning for spring as well. We also lose an hour this month but it will be worth it as the days will be longer and the sun will be shining.

I look forward to causing some shenanigans around campus as that is one of my favorite things to do. You never know who I will get to join me.

Best of Luck to you!

Casey Brown-CSW

Director of Life Enrichment